



## Online session on Postive Thinking And Stress Management





Women's Cell in collaboration with Thrive Track ,powered by Edu Self Solutions , invites you to be a part of an online session on 27th September, 2025

Topic:Positive Thinking And Stress Management

Date: 27th September, 2025

Mode:Online(Google Meet)

Timings:7.00 pm to 8.00 pm

Regards Women's Cell, St.Joseph's University